



3RD EDITION

FINDING YOUR WAY THROUGH

FATH

A DISCIPLESHIP TRAINING WORKBOOK

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Finding Your Way through FAITH

Contents

Introduction to Discipleship	9
Introduction Lesson	12
Discipleship Lesson 1 The Word of God	18
Discipleship Lesson 2 Salvation	28
Discipleship Lesson 3 Eternal Security	38
Discipleship Lesson 4 Baptism	46
Discipleship Lesson 5 The Lord's Supper	54
Discipleship Lesson 6 Prayer	62
Discipleship Lesson 7 Sin	72
Discipleship Lesson 8 God's Will	82
Discipleship Lesson 9 Marriage: Husband	92
Discipleship Lesson 10 Marriage: Wife	102
Discipleship Lesson 11 The Attributes of God	112
Discipleship Lesson 12 The Trinity	120
Discipleship Lesson 13 The Local Church	130
Discipleship Lesson 14 Stewardship	138
Discipleship Lesson 15 Giving	146
Discipleship Lesson 16 Relationships	154
Discipleship Lesson 17 My Job and Employer	162
Discipleship Lesson 18 The Judgment Seat	170
Discipleship Lesson 19 Key Values	178
Discipleship Lesson 20 The Filling of the Spirit	188
Discipleship Lesson 21 Spiritual Gifts	198
Discipleship Lesson 22 Evangelism	206
Discipleship Lesson 23 Partnership	216

Introduction to Discipleship

This discipleship study has been used by thousands of Christians to become more mature disciples. This program will profoundly impact your spiritual life and the lives of those you disciple. Originally designed for one-on-one study of biblical doctrine, it is also an excellent individual study guide. The discipleship process is simple but not easy. "Then He said to them all: 'If anyone would come after Me, he must deny himself and take up his cross daily and follow Me'" (Luke 9:23, NKJV).

I suggest you follow these steps as you work through the study:

- Complete one lesson per week.
- Pray and ask the Holy Spirit to guide you as you study John 16:13.
- Memorize the key verse on each title page.
- Read all the material and look up each verse. Remember, you will get out of these lessons exactly what you put into diligent study.
- Thoughtfully read each question twice before answering.
- Reflect prayerfully on the final question in each lesson. Review the lesson and note two truths or principles that stood out to you.

You may choose to study with another person (discipler) who has previously completed the course. Your discipler will meet with you weekly to guide you through each lesson and hold you accountable for the work and memory verses. Most people do much better at maintaining a discipline when they have someone holding them accountable. This one-on-one approach develops deep, godly relationships that will last a lifetime.

An answer key is available to check your answers as you complete each lesson. If you have completed the book, checked your answers, and desire to become a discipler, you will truly be blessed. A list of key truths to emphasize in each lesson along with additional coaching suggestions is available by e-mail. I hope to encourage you to become a discipler who will impact the spiritual lives of other Christians through greater biblical understanding. "And the things you have heard me say in the presence of many witnesses entrust to reliable men who will also be qualified to teach others" (2 Timothy 2:2, NKJV).

There are many good translations of the Bible. For this study, I recommend the New King James or the New International Version.

For more information, or to schedule a discipleship conference at your church, contact me at speer77@gmail.com.

Looking forward,
Dr. Bruce Speer

Introduction Lesson

Getting Started

Key Memory Verse:

Then He said to them all, "If anyone desires to come after Me, let him deny himself, and take up his cross daily, and follow Me."

Luke 9:23



Introduction Lesson

Getting Started

What is discipleship all about?

You are about to embark on a journey that has been traveled by countless others. The apostles traveled this road following the Lord Jesus Christ. Paul experienced this journey and led others, like Timothy and Titus, along the way. These men in turn led other faithful men, who were themselves able to teach others the truths they had been taught. The chain continues now as you personally begin to experience the joys and challenges of biblical discipleship.

Purpose

The purpose of this lesson is to acquaint the disciple and discipler with each other and to develop some guidelines as to how each lesson should be conducted.

I. Getting to Know Each Other

The following is a list of recommended topics that could be covered to allow the disciple and discipler to get to know each other better. Since it is often difficult to remember details, it may be helpful to take notes for later review.

- A. Exchange information about family, i.e., brothers and sisters, parents, spouse, and children. Do they live in town or another part of the country? How old are their children?
- B. What is your educational background?
- C. What kind of work do you do?

- D. What is your religious background?
- E. What are your goals or dreams for the next three to five years?
- F. If you could change anything about your current situation in life, what would it be?
- G. What are your favorite hobbies?
- H. Name your two greatest strengths and weaknesses.
- I. What are the biggest challenges you are facing in your spiritual growth right now? Why?

Note: Be sure to exchange phone numbers, e-mail, and addresses if you have not already done so.

II. The Purpose of Discipleship

Look up the following references together. The purpose of discipleship is:

- A. To follow the pattern of 2 Timothy 2:1–2. You are already in good company by making this commitment.

Paul disciplined Timothy. Timothy disciplined

Faithful men disciplined

What is the one qualification for being a disciple?

Notes and Questions:

- B. To develop people spiritually so they are able to meet the standard of 2 Timothy 2:15.

What must you do to meet the challenge in this verse?

- C. To follow the example of Apollos from Acts 18:24–26. Notice that Apollos was a man who had tremendous knowledge about the Scripture, yet he humbled himself and listened to the teachings of others to gain better understanding of the truth.

The key to growing in your Christian life is to be teachable.

What keeps people from being **teachable**?

How do you know if you are teachable?

- D. To be people who follow the patterns established by the Bereans in Acts 17:10–12. Our desire is to maintain doctrinal purity and unity in our local assembly.

How did these Christians receive God's Word?

III. Our Goals for Discipleship

Our goals are:

- A. To establish the disciple in the **Word of God**.

“Till I come, give attention to reading, to exhortation, to doctrine.”

(1 Timothy 4:13; Deuteronomy 6:4–7, NKJV)

- B. To establish the disciple in **fellowship** with other believers.

(Philippians 2:1–4; 1 Peter 4:8–10, NKJV)

- C. To establish the disciple in the local church.

(Hebrews 10:24–25; Ephesians 2:19, NKJV)

- D. To establish the disciple in ministry.

(Ephesians 4:11–16; 1 Corinthians 16:15;
2 Corinthians 5:18–21, NKJV)

Notes and Questions:

IV. Lesson Requirements

- A. Answer all questions in the next lesson before your next meeting so that we can focus on your answers and any questions that you might have from your personal study time.
- B. You should have your memory verse(s) memorized. The memory verse is found on the front cover of each lesson. You will be required to recite the verse. This takes commitment. You should work on memorizing your verses every day and reviewing verses from previous lessons. You may choose a version other than New King James (not a paraphrase).
- C. Establish a time and a place for the next meeting and commit to make this meeting a priority every week. If you are not able to make it, please be considerate enough to call with as much advance notice as possible.
- D. Please study the lesson. It may be tempting sometimes to just look up the verse and fill in the answer without really thinking and applying the text to your life. Be prepared to discuss how each lesson has impacted your life. Share what you have learned or what was refreshed in your mind. Be able to discuss the material as much as possible. This will enable you to share these truths with others in the future.
- E. For each lesson, you will be asked to identify the two most important truths or principles that stood out to you from this study. (Turn to Lesson One and note the Practical Application section.)

Notes and Questions:

V. The Commitment—Counting the Cost

- A. You need to decide if discipleship is something that you really want to be a part of and if now is the right time to be involved.

(Luke 14:27–33, NKJV)

Once you start, what does God say you should do?

- B. Jesus gave us an outline to measure the cost of discipleship. Circle the key words in Luke 9:23:

“Then He said to them all, ‘If anyone desires to come after Me, let him deny himself, and take up his cross daily, and follow Me.’”

- C. We have asked you to consider these verses because we do not want you to enter into this ministry without being fully aware of the cost and commitment that is required. You are committing to meet once a week for twenty-four weeks with your questions completed and verse(s) memorized.
- D. Below there are two lines for signatures. There is one slot for the disciple to sign and one for the discipler. Each signature represents the commitment made to one another—to be faithful in attempting to fulfill the purpose and goals of this ministry.

Disciple

Date

Discipler

Date

**May God bless your time together
as you study His Word.**

“The highest reward for a person’s toil is not what they get for it, but what they become by it.”

—John Ruskin